

SANDRA MASON

Patient-focused CNA with 3+ years of experience. Recognized for strong empathy, diligence, and efficiency in helping patients carry out various ADLs. Naturally curious and committed to gaining and applying new healthcare expertise.

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PROFESSIONAL EXPERIENCE

CNA

UC San Diego Health, San Diego, CA
September 2021 to Present

- Deliver compassionate care to patients with acute conditions and injuries
- Ensure optimal patient comfort during bed rest and transport
- Help nursing staff provide wound care and change dressings as needed to improve circulation and reduce risk of infection
- Monitor patients' pulse, blood pressure, and oxygen saturation level

Highlights:

- Achieved patient satisfaction ratings of 90%-95%
- Praised for diligent compliance with Covid-19 safety and infection prevention protocols

CNA

Maple Grove Nursing Home,
San Diego, CA
March 2020 to September 2021

- Assisted patients with ADLs (such as eating, bathing, and toileting) in this long-term care facility with 130 beds
- Monitored patients' condition and symptoms and reported changes to RN as needed
- Supported medical procedures by providing equipment and positioning patients
- Ensured safe transfer of patients between beds and wheelchairs

EDUCATION

Nursing Assistant Training Program
San Diego Medical College, San Diego, CA
2020

KEY SKILLS

- Activities of Daily Living (ADLs)
- Cardiopulmonary Resuscitation (CPR)
- Disease & Infection Prevention
- First Aid
- Patient & Family Relations
- Patient Transportation
- Vital Signs Monitoring

CERTIFICATIONS

- CNA, California Department of Health