

Allison Rosenberg

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Psychiatric Nurse with 10+ years of experience focused on caring for geriatric patients. Expertly redirect and de-escalate patient behaviors, helping to minimize the need for physical or chemical restraints. Offer strong, up-to-date knowledge of evidence-based practice (EBP). Committed to ongoing professional skills development.

Education & Professional Development

Bachelor of Science in Nursing (BSN)

University of California
San Diego, CA, 2012

Registered Nurse (RN)

State of California, 2012

Additional specialized training in therapeutic conversation methods

Key Skills

- Behavioral Healthcare
- Crisis Intervention & Management
- Evidence-Based Practice (EBP)
- Family Relations
- Intake Assessment
- Mental Health Assessment
- Nursing Plan of Care
- Patient Redirection & De-escalation
- Patient Safety
- Reporting & Documentation
- Team Collaboration
- Therapeutic Conversations
- Verbal Communication

Professional Experience

Psychiatric Nurse

XYZ Psychiatric Hospital, San Diego, CA | April 2018 to Present

- Provide quality nursing care and support to geriatric patients of this psychiatric hospital
- Assist patients with diagnoses including bipolar disorder, conversion disorder, and schizophrenia
- Collaborative role working with psychiatrists, case managers, social workers, and nurse assistants
- Recommend modifying patients' psychotropic medications and dosage as appropriate
- Member of the project group that coordinated a significant expansion of the hospital's community library collection

Psychiatric Nurse

ABC Behavioral Health, San Diego, CA | April 2012 to April 2018

- Gained strong foundation in psychiatric nursing over six years at this psychiatric hospital
- Supported patients with psychiatric diagnoses including borderline personality disorder, major depressive disorder, and Wernicke-Korsakoff syndrome
- Completed rounds to observe and document patients' behavior, ensuring safety at all points
- Prepared and administered patients' medications in close coordination with the psychiatrist
- Facilitated daily group therapy sessions to provide additional support and communication with patients

Select Prior Experience

- Supported patient intake operations at XYZ Community Health Clinic