

Hideo Araki

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Psychiatric Nurse with recent experience at a major regional psychiatric hospital. Dedicated to providing quality nursing care to adult patients in coordination with other health team members. Skilled communicator who redirects and de-escalates patient behaviors to minimize the need for restraint measures and promote consistent intake of medications. Draw on strong knowledge of the latest evidence-based practices (EBP). Committed to ongoing professional development and education.

Education & License

Bachelor of Science in
Nursing (BSN)
Boston College, Boston, MA, 2021

Registered Nurse (RN)
State of Massachusetts, 2021

Key Skills

- Behavioral Healthcare
- Evidence-Based Practice (EBP)
- Family Relations & Education
- Intake Assessment
- Patient Redirection & De-escalation
- Reporting & Documentation
- Therapeutic Conversations

Professional Experience

Psychiatric Nurse
ABC Psychiatric Hospital, Boston, MA | April 2021 to Present

- Monitor and support the well-being of adult patients at this psychiatric hospital
- Assist patients with diagnoses such as bipolar disorder, eating disorders, conversion disorder, and borderline personality disorder
- Observe, document, and help manage patients' behavior to ensure physical safety at all points
- Collaborative role working with psychiatrists, case managers, social workers, and nurse assistants
- Prepare and administer patients' medications per instructions from the psychiatrist