

# HIDEO ARAKI

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A Patient Care Assistant with three years of experience, specializing in patient-centered care, continuous improvement, and ADLs. A strong history of delivering quality healthcare services to patients and collaborating with nursing teams to enhance clinical operations.

## EDUCATION

### HIGH SCHOOL DIPLOMA

Benjamin Franklin High School,  
Philadelphia, PA  
September 2015 - June 2019

## KEY SKILLS

- Patient-Centered Care
- Mobilization Techniques
- Data Collection
- Communication
- Relationship Building

## CERTIFICATIONS

- Certified Nursing Assistant, Pennsylvania Department of Public Health, 2019
- Basic Life Support (BLS), 2019

## PROFESSIONAL EXPERIENCE

### PATIENT CARE ASSISTANT

Einstein Medical Center,  
Philadelphia, PA  
June 2020 – Present

- Coordinate with registered nurses to deliver patient-guided care services to diverse populations in a high-volume acute care environment with over 500+ beds
- Provide support for ADLs with compassion and understanding, build relationships with patients, gather medical history, and monitor pain levels and vital signs
- Support initiatives to improve efficiency and communication for patient intake, transport, and appointment scheduling, resulting in a 5% increase in patient satisfaction scores

### PATIENT CARE ASSISTANT

Nazareth Hospital, Philadelphia, PA  
August 2019 – June 2020

- Supported nursing teams in gathering patient data, documenting symptoms, and implementing treatment under the direction of the attending physician
- Oversaw mobilization of patients using assistive devices and techniques, including passive bed exercises and mobilization training
- Sanitized rooms in accordance with hospital policies and Covid-19 safety protocols