

# PAULA MARQUEZ

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A Dietary Aide with five years of experience, specializing in menu planning, food safety, meal preparation, and patient relations. A proven track record of coordinating with food service teams to provide a positive dining experience for residents. Adept at communicating with patients to provide meals based on nutritional, physical, and emotional needs.

## PROFESSIONAL EXPERIENCE

### DIETARY AIDE

Highland Manor Assisted Living, Austin TX | August 2018 – Present

- Plan menus for the preparation and delivery of meals to 125+ patients per day, field special requests from residents, analyze nutritional goals and dietary restrictions
- Maintain food inventory valued at \$25K per month, order ingredients and equipment, and ensure compliance with food safety and storage protocols
- Ensure cleanliness and safety of the kitchen and dining room and perform inspections to meet state and federal standards
- Communicate with patients and families to build long-term relationships and improve quality of life for residents

### DIETARY AIDE

Austin Retirement Center, Austin, TX | July 2016 – August 2018

- Prepared and served meals to 70+ residents in an assisted living facility with compassion, empathy, and understanding
- Conducted cleaning and sanitation tasks to ensure compliance with health and safety standards across the dining room and kitchen
- Collaborated with nutritionists and foodservice teams to deliver a dining experience catered to the individual needs of residents

## EDUCATION

### HIGH SCHOOL DIPLOMA

Austin High School, Austin TX | September 2012 - June 2016

## KEY SKILLS

- Menu Planning
- Health and Safety
- Relationship Building
- Food Preparation
- Patient Relations

## CERTIFICATIONS

- ServeSafe Certification, 2016