

# SARAH ENGELS

Therapist  
123 Address St.,  
Portland, OR 12345  
jdoe@youremail.com  
(123) 456-7890

January 1, 2021

**Roger Smith**  
Hiring Manager  
Portland Mental Health Professionals  
(987) 654-3210  
roger@portlandhealth.org

Dear Mr. Smith,

I'm interested in applying for the Therapist position at your organization. I believe that my commitment to emotionally-focused therapy (EFT) aligns strongly with the mission of your organization. As you'll see from my resume, I have an expertise in trauma-based interventions and family counseling.

Upon graduating from the University of Colorado with a Master's of Psychology degree, I began work as a counselor trainee at the Boulder Medical Center. I delivered counseling services to individuals, couples, and families with diverse cultural backgrounds. I also conducted evidence-based trauma interventions. I believe that my ability to apply cultural awareness to clinical treatment makes me a strong candidate for the Therapist position.

Leadership qualities are essential for any clinical role. During my time at Boulder Medical Center, I collaborated with multidisciplinary teams to develop emotionally-focused therapy models. I also supported outreach initiatives to provide patients with additional resources and professional services. I am confident in my ability to build relationships with patients and colleagues in a clinical setting.

I hope to have further discussions on how my expertise in emotionally-focused therapy can benefit your practice. I am available to talk at your convenience. I appreciate both your time and consideration.

Best regards,

*(Insert Signature Here)*

**SARAH ENGELS, LCP**