# **Beth Dolan**

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Patient, compassionate companion caregiver with over a decade of in-home caregiving experience. Friendly, outgoing, dependable caregiver who specializes in elderly people with terminal illnesses. Great listener. Skilled at keeping clients as engaged and active as possible.

## Education

Gerontology Associate of Applied Science Coastline College, Newport, RI, September 2009 – June 2011

## Key Skills

- Patient, friendly, professional
- Housekeeping and cooking
- Care plan adherence
- Strong communication
- Safety-conscious
- Encouraging

### Certifications

- CPR certification, 2007 to present
- First aid certification, 2007 to present

## **Professional Experience**

## Companion Caregiver

Home Sweet Home Care, Newport, RI | September 2018 - Present

- Offer in-home companionship to elderly clients
- Engage clients in gentle activities, including baking, puzzles and games, and short walks
- Prepare healthy meals according to clients' care instructions
- Accompany clients to medical appointments and other appointments as needed
- Maintain open communication with clients' families and care teams
- Ensure that clients' living spaces remain safe, tidy, and comfortable

## Companion Caregiver

New Day Health Services, Newport, RI | July 2011 - September 2018

- Provided friendly companionship to elderly clients with terminal illnesses
- Maintained daily schedule of meals, activities, medications, and care practices
- Ensured that clients' living spaces were safe and free of potential hazards
- Performed light housekeeping tasks including vacuuming, dusting, and changing bed linens
- Adhered to clients' care plans and company's safety and care protocols at all times
- Engaged clients in daily stress-relieving activities such as reading and playing cards

#### Companion Caregiver

Dagny Home Care, Newport, RI | April 2007 - July 2011

- Engaged elderly clients in conversation and accessible activities
- Maintained a clean, safe home environment for clients
- Communicated frequently with clients' care teams and families
- Built trust and rapport with clients
- Cooked meals and performed light cleaning duties