

Alexander Logan
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Profile

Athletic and motivated newly graduated sports coach. In-depth coaching knowledge for five different sports with a specialization in basketball and baseball. Dedicated to assisting staff and students achieve their personal health and fitness goals. Proven ability as a team leader with excellent communication skills.

Key Skills

- Dedicated
- Self-motivated
- Organized
- Physically fit
- Teambuilder
- Leadership
- Communication
- Nutrition focused
- CPR and First Aid Certified

Education

Bachelor of Science in Sports Science

The University of Florida, Miami, FL, September 2014 to June 2018

Master of Science in Sports Science

The University of Florida, Miami, FL, September 2018 - June 2020

Coursework

- Nutrition and the athlete
- Muscle training and rehabilitation
- Plyometrics

Professional Experience

Volunteer Assistant Baseball Coach, Colonial High School, Orlando, FL

September 2018 - September 2020

- Helped devise practice drills
- Coordinated team travel to away matches
- Mentored three players in defensive strategies and play execution
- Assisted in coaching preseason practice sessions
- Checked, cleaned, and repaired all sports equipment

Volunteer Little League Baseball Coach, Orlando Kids League, Orlando, FL

September 2016 - June 2018

- Coached 20 kids aged 8 -10 during the season and in preseason practice sessions
- Organized snacks and drinks for games
- Communicated practice times and game times to parents
- Held one-on-one training sessions for players who wanted extra help
- Created team guidelines for sportsmanship and safety
- Motivated and worked with the weaker players to help them gain confidence