

Anna Payne
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Profile

Energetic Licensed Massage Therapist and recent 650-hour Intensive Massage Therapy program graduate in Hawaiian ready to take on a full-time role at a high-volume clinic. Trained extensively in the art of Lomi Lomi Massage, an ancient Hawaiian sacred healing technique performed almost exclusively on the islands, but has been exposed to most common therapies, such as Swedish, deep tissue, trigger point therapy, and reflexology.

Key Skills/Knowledge Area

- Active listening
- Sports massage
- Trigger point therapy
- Reflexology
- Hawaiian Lomi Lomi technique
- SOAP notes

Education

650-Hour Intensive Massage Therapy Program

MAUI ACADEMY OF HEALING ARTS Kihei, HI, July 2019 - March 2020

Certifications

National Reflexology Certification, 2020

Licensed Massage Therapist (LMT), state of Hawaii, 2020

Relevant Courses

Pathology/Soft Tissue Injury/Neuromuscular Therapy

Law, Ethics, and Business Practices

Integrative Techniques

Mindful Massage

Supervised Clinical Massage

Professional Experience

Student Massage Therapist, Maui Academy of Healing Arts Student Clinic, Kihei, HI

April 2020 – November 2020

- Assessed each client's condition and developed treatment plans that addressed the intended massage method and tentative timetable for treatment.
- Integrated supervising instructor's feedback regarding technique immediately.
- Maintained appropriate sanitation and hygiene of clinic space and equipment.
- Completed SOAP notes for over 200 clients and conferred with clients about their medical history.
- Applied at least 12 different treatment therapies while working at the clinic including deep tissue massage, trigger point therapy, the Hawaiian Lomi Lomi technique, hot stone, sports, and couple's, prenatal, and Thai massage.