

Chris MacGregor

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Profile

Experienced Licensed Massage Therapist who holds a National Board Certification with a Specialty Certificate in Sports Massage and over six years in practice at private medical or sports clinics offering massage. Certified personal trainer with field-level first aid and massage experience for a range of levels, from high school to professional. Exceptional at building relationships and working collaboratively with a team of healthcare professionals with other specializations.

Professional Experience

Sports Massage Therapist, Pittsburgh Pirates, Pittsburgh, PA

October 2019 – Present

- Evaluate athlete's injuries caused during practices or games.
- Design sessions around specific problem areas or concerns are communicated by players or coaches.
- Provide field-level support services during home games.
- Educate players and team staff about the benefits of sports massage therapy.

Sports/Medical Massage Therapist, Body First Wellness, Evansville, IN

March 2016 – October 2019

- Assessed each client's conditions and worked with the individual to develop a treatment plan that served their needs.
- Collaborated with physiotherapists and chiropractors to develop treatment plans for clients.
- Implemented social media campaigns for clinic that resulted in over 20K additional follows/page likes.
- Educated clients on rehabilitative stretches and exercises they could do at home based on their unique conditions.

Medical Massage Therapist, Premier Health Clinic, Fort Wayne, IN

January 2014 – February 2016

- Addressed client's specific conditions or injuries with medical massage techniques.
- Grew annual revenue for massage services by 20%.
- Specialized in sports and trauma injuries.
- Worked with an array of demographics and physical ailments, from athletes to cancer patients.

Education

Diploma of Sports and Medical Massage Therapy (900 hours)

INDIANA WELLNESS COLLEGE Carmel, IN December 2014

Associate of Applied Science in Kinesiology and Exercise Science

IVY TECH COMMUNITY COLLEGE, Fort Wayne, IN, May 2013

Key Skills

- Massage as part of medical treatment plan
- Collaborating with chiropractors, PTs, surgeons, trainers, and doctors
- Active listening
- Sports massage
- Integrative techniques
- First Aid and CPR
- Biomechanics and body landmarks

Certifications

- Licensed Massage Therapist (LMT), state of
 - Indiana, 2014
 - Pennsylvania, 2018
- Board Certification in Therapeutic Massage and Bodywork (BCTMB®), including Speciality Certificate in Sports Massage
- Personal Trainer, 2013