

Sean Smith
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Profile

Professional caregiver with experience providing chore assistance and trained in personal care assistance. More than five years of experience cleaning homes quickly and efficiently, along with involvement in running errands. Skilled at developing a rapport with people, enabling seniors by providing emotional and mental support in an in-home environment.

Key Skills

- Calm and caring in stressful situations
- Exceptional time management skills
- Experienced at home management
- Meal preparation and menu planning
- Sanitation and cleaning experience

Education

High School Diploma, 3.65 GPA

Ballard High School, Seattle, WA, August 2014 - June 2018

- Volunteered at a local nursing home providing mobility assistance and companionship
- Participated in a home economics course that included budgeting and time management for completing daily chores and meal preparation

Professional Experience

House Cleaner, Cleaning Company, Seattle, WA

January 2018 - Present

- Works to keep home clean and presentable for all clients, tackling basic chores such as floors, dishes and trash removal
- Performs basic yard work, weeding and lawn mowing services
- Handles a short list of chores performed outside the home

Customer Service Representative, Big Store, Seattle, WA

September 2016 - January 2018

- Served a diverse clientele with tact and diplomacy, learning to handle cultural differences with ease
- Assisted with reshelving of products and daily store cleaning efforts, prioritizing most important tasks for completion
- Provided product feedback and order assistance when making stocking decisions