

# Nicole Reid

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## PROFILE

Professional caregiver with two years of experience in assisting with daily living activities like dressing, grooming, bathing and meal preparation. Provides compassionate care to elderly clients that need assistance around the house. Helps extend in-home living to prevent or delay placement in a skilled nursing facility by performing regular check-ins and household chores.

## PROFESSIONAL EXPERIENCE

### Activities Assistant

Great Nursing Home, Bright Lights, NV | November 2017 - Present

- Receive training in caring for geriatric patients, including best practices for mobility assistance
- Plan and organize a variety of entertainment activities designed to stimulate the brain and memory for residents with Alzheimer's or other dementias
- Lead small groups in modified exercise programs developed by the staff physical therapist, including chair yoga

### Theater Attendant

Big Screen Theater, Las Vegas, NV | August 2015 - September 2017

- Performed custodial tasks to ready theaters in between shows, turning over each area more than 4 times per day
- Handled cash and transactions with attention to detail and accuracy
- Restocked food and beverage items and kept an accurate inventory of current sale items

## EDUCATION

### High School Diploma

Nevada High School, Las Vegas, NV  
August 2013 - June 2017  
3.64 GPA

- Participated in a nursing home volunteer program that included providing entertainment for seniors and doing manicures
- Volunteered at local hospitals as a candy striper, delivering meals and offering companionship to those in place for long-term hospital stays

## KEY SKILLS

- Compassionate and empathetic communication
- Meal preparation
- Skilled in geriatric care
- Trained in assisting with ADLs