

**Helen Barrett**  
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## Profile

Motivated, dependable nanny with a strong background in early childhood development and childcare. Valued by client families for warmth, professionalism and dedication to the job. Capable of organizing children's daily schedules, including meals, school and recreational activities. Proficient at communicating with children at different developmental stages.

## Professional Experience

### **Live-in Nanny, The Brown Family, Boston, MA**

*September 2015-Present*

- Care for two girls, ages 6 and 9.
- Prepare and serve meals with balanced nutrition, ensuring food safety for 9-year old's wheat allergy
- Organize fun, educational games and activities, both indoors and outdoors
- Run errands, including grocery shopping and dry cleaning pick-up
- Met with parents regularly to go over changes in weekly schedules or discuss upcoming events

### **Nanny, The Johnson Family, Newton, MA**

*September 2013-August 2015*

- Cared for 3 boys, ages 2, 5 and 7
- Engaged kids in entertaining and educational activities to drive emotional, social and behavioral development
- Took frequent walks to the local park
- Drove kids to and from school and to after-school activities and playdates
- Prepared and served dinners according to parents' requests

## Education

### **Bachelor's Degree, Elementary Education**

*UNH, September 2009-June 2013*

- Completed all required coursework and practicums for a bachelor's in elementary education
- Included part-time student teaching in kindergarten classroom

## Key Skills

- Strong work ethic
- Time management
- Quick thinking under pressure
- Family-oriented
- Excellent communication skills
- Create activities that let children learn through play

## Certifications

- First Aid and CPR
- Valid Driver's License